

October 3rd & 4th Discussion Guide

What Day Is It?

Dealing with Distress (John 14:1-14)

Prayer

Open your group in prayer.

Icebreaker (10 min)

Share a time with your group when you were totally lost OR caught in a bad storm.

Watch Worship Service

[Sermons Archive - Good Shepherd Church Naperville](#)

Notes



good shepherd

Discussion (30 min)

Jesus says the antidote to being troubled is to believe in God and to believe in Him. He gives four assurances to take to heart that help us to deal with distress:

1. Read John 14:1-4. What does the promise of heaven mean to you? How does this promise help you deal with distress?
2. Read John 14:5-11. What does Jesus mean when He says “I am the way and the truth and the life. No one comes to the Father except through me”? Do you believe this? Why or why not? Discuss the world’s ideas on this exclusive claim. How does this claim help you deal with distress?
3. Read John 14:12. How do you interpret the phrase “even greater things”? What is God calling you to do? How will this purpose help you deal with distress?
4. Read John 14:13-14. Share with the group your experience with prayer. Is it helpful? Is it a challenge? How does prayer help you deal with distress?
5. **Application questions:** From the four assurances, which will you apply to your life this week to not just survive but thrive in a current situation of distress?

Closing Prayer

1. Invite your group to share personal prayer requests. Lift these up in prayer.
2. LORD, we lift our eyes from ourselves to You who holds everything in Your hands. Reveal Your Presence to us this week, show us the way to You, guide us in the purpose you have for our lives, and give us power through prayer so we may glorify You in our satisfaction in You.