



January 24th Discussion Guide

Colossians 3:1-17 - Fear

This is a 7 week study on Colossians 3:1-17 and a social media poll about what people wanted to say goodbye to from the past year and say hello to in the New Year. Content is themed on the Sunday sermon, but the guide can be discussed without viewing the sermon. If you want to watch the sermon it can be viewed at [Sermons Archive - Good Shepherd Church Naperville](#)

Prayer

Open your group in prayer. **Pray about who you would become if God changed one thing in your heart each week of this series.**

Icebreaker (10 min)

1. Who were you able to connect this week that helped you feel less “socially distant”?
2. Trivia question: How many times does the Bible tell us not to fear?

Discussion (50 min)

1. This week we will discuss saying Goodbye to Fear and Hello to Faith. Discuss the difference between healthy and unhealthy fear.
2. What are some things that cause you to fear or ways you have feared in the past? Are they rational or irrational (phobia)?
3. Read Psalm 23. List all the reasons why we do not need to fear.
4. Now reflect verse by verse about your list:
 - a. Verse 1- *God provides*: Share a time that God provided for you. Read Phillipans 4:19. Does this verse bring you peace?
 - b. Verse 2-3a - *God renews*: What are your “green pastures” or “quiet waters”? Give examples of other ways God renews you.
 - c. Verse 3b - *God leads*: How do we know what God’s “right paths” are? (GPS, see leader email) Have you ever received guidance from God through these ways? What was the result?
 - d. Verse 4 - *God protects*: How has God protected you? Then read Romans 8:35-39. How does this verse comfort you?
 - e. Verse 5-6 - *God delights in us*: How did God delight in David in these verses? How does He show His delight in you??
5. **Application “question”**: Pick a Bible verse to keep with you to remind you not to fear when those feelings creep in. Share one now if you already know it or be prepared to share yours next week! We will all be encouraged by your verse!

Closing Prayer

Father God, thank you for relieving us of our fears by providing for us, renewing us, leading us, protecting us and delighting in us!! Reveal Yourself to us this week when fear creeps in!