



## February 7th Discussion Guide

# Colossians 3:1-17 - “Me” Culture

This is a 7 week study on Colossians 3:1-17 and a social media poll about what people wanted to say goodbye to from the past year and say hello to in the New Year. Content for this discussion guide is based on the sermon so participation in weekly worship will enhance the conversation on this topic. If you want to watch the sermon it can be viewed at [Sermons Archive - Good Shepherd Church Naperville](#).

### Prayer

Open your group in prayer. Pray about who you would become if God changed one thing in your heart each week of this series.

### Icebreaker (10 min)

1. What “S” from last week did you work on? What was the outcome? (**S**chedule rest, **S**tart in prayer, **S**ay no, **S**eek help)
2. What is your favorite Super Bowl food?

## Discussion (50 min)

1. This week we will discuss saying Goodbye to “Me” Culture and Hello to Interests of Others. Read 2 Timothy 3:2-4, Proverbs 6:16, Philippians 2:21.
  - a. How do these verses warn us about “Me” Culture?
  - b. Share examples of how the world has become all about “Me” Culture.
2. Read Philippians 2:3-4. What are we not supposed to do? What does Paul tell us we must do? Where do you see yourself or our culture struggling with humility?
3. Read Romans 15:1-3. What reasons are given for us to please others? Is it possible to please others to their detriment? Give examples. How can we find a balance and please others as Christ would?
4. Read Luke 9:23, 2 Corinthians 5:15, John 15:13. How did Jesus put our interests above His own? What does He tell us we must do? Share a time when you have seen someone put other’s interests before their own?
5. *(Optional)* Pencil and Pen poem from sermon (Traditional service at 18:47 minutes - 24:23 minutes) How does Pen become Pencil? Where in your life can you make that change?
6. **Application question:** How can we humble ourselves and put the interests of others over ourselves? Share an example of how you will put that into practice this week?

## Closing Prayer

Thank you, Jesus, for loving us so much that you laid down your life for us. Give us hearts to take up our cross daily to follow You! Show us where we can make sacrifices that build up others. Let us be an example to the world around us and change the culture!