



## August 22nd Discussion Guide

### **Mindful - James 3**

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This is a 5 week study in the Book of James. Content for this discussion guide is based on the sermon, so participation in weekly worship will enhance the conversation on this topic. If you want to watch the sermon it can be viewed at [Sermons Archive - Good Shepherd Church Naperville](#)

#### Prayer

Open your group in prayer.

#### Icebreaker (10 min)

What type of outdoor adventure activities do you or would you like to participate in?

## Discussion (45 min)

1. Read James 3:1-6:
  - a. What message is James trying to convey in these verses?
  - b. Share a time when a few small words impacted you in a negative or positive way?
2. Read James 3:7-8:
  - a. Why is it so difficult to fully train our tongues?
  - b. Read Prov. 16:24. Where do you look, or who do you go to, to hear gracious words?
3. Read James 3:9-12:
  - a. How are you convicted by these verses?
  - b. Do your friends and family know you for your words of blessings, curses, or both?
  - c. Read Luke 6:45. What are some ways you can store up good things in your heart so that your words speak blessings?
4. Read James 3:13-18:
  - a. Discuss the two types of wisdom listed in these verses.
  - b. How do we seek wisdom?

**Application question:** What will you do this week to have a positive impact on your words?

LORD, thank you for the wisdom of Your Words! Show us where we can improve our speech and bring life through our words. Heal our hearts from whatever ails us so we can pour out graciousness and blessings to others. *“Set a guard over my mouth, O LORD; keep watch over the door of my lips”.* Psalm 141:3

